

# MENTAL HEALTH SUPPORT SPECIALIST TRAINING EVALUATION

## PART II: Modules 7-12

**Introduction:** This anonymous questionnaire is designed for you to evaluate the last six sessions that you just completed on Documentation, Sexuality, Health and Safety, Diversity and Cultural Competence, Maine's Mental Health System, and Being Part of a Community. Please do not put your name anywhere on this form. The information that you provide will be used by the trainers and the state Department of Health and Human Services, Office of Adult Mental Health, to: (1) assess group learning, and (2) to make improvements to this curriculum and training session program. Your participation in this evaluation is voluntary. The training evaluation report will not include any identifying information. If you have any questions about this evaluation process and or the results, please contact the Center for Learning at 626-5280. Thank you for your feedback!

### I. PARTICIPANT CHARACTERISTICS

1. What is your primary work setting? (Check one)

- Medical / Hospital Setting
- Psychiatric / Hospital Setting
- Residential Facility for Adults
- Residential Facility for Youth/Children
- Group Home for Adults
- Group Home for Youth/Children
- In-Home Support Work
- Other: \_\_\_\_\_

2. How many years have you worked in the role of a Mental Health Support Specialist?

Less than one year? If so, how many months? \_\_\_\_\_

One year or more? Please write in total number of years: \_\_\_\_\_

3. What is the highest level of education that you have completed? (Check one)

- High School                       Associate's Degree                       Master's Degree
- Some College                       Bachelor's Degree

4. What is your gender?                       FEMALE                       MALE

5. What is your date of birth? (MM/DD/YYYY) \_\_\_\_\_

II. MODULES 7-12

**Instructions:** For the following questions, you are going to be asked to rate your perceptions *now at the end* of the training period, and then rate what you believe your perceptions were *before you started* the training period. The ratings are: 1 = Strongly Disagree, 2 = Disagree, 3 = Agree, and 4 = Strongly Agree. Rate just one response for each question.

<i>Rate your level of Disagreement / Agreement with the following statements.</i>				
<b>MODULE 7: Documentation</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Before Training:</b> I could name at least three of the guidelines that apply to all types of documentation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can name at least three of the guidelines that apply to all types of documentation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Before Training:</b> I knew the difference between objective and subjective narrative notes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I know the difference between objective and subjective narrative notes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>MODULE 8: Sexuality</b>				
<b>Before Training:</b> I could identify three myths surrounding sexuality and mental illness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can identify three myths surrounding sexuality and mental illness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Before Training:</b> I could identify ways to provide emotional support on issues of sexuality to the people I support.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can identify ways to provide emotional support on issues of sexuality to the people I support.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Before Training:</b> I could name at least three strategies for promoting privacy around sexuality in the lives of people I support.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can name at least three strategies for promoting privacy around sexuality in the lives of people I support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

<i>Rate your level of Agreement / Disagreement:</i> <b>1 = Strongly Disagree, 2 = Disagree, 3 = Agree, and 4 = Strongly Agree</b>				
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>MODULE 9: Health and Safety</b>				
<b>Before Training:</b> I knew the difference between environmental and household hazards.	O	O	O	O
<b>After Training:</b> I know the difference between environmental and household hazards.	O	O	O	O
<b>Before Training:</b> I understood the new food pyramid's role in menu and exercise planning.	O	O	O	O
<b>After Training:</b> I understand the new food pyramid's role in menu and exercise planning.	O	O	O	O
<b>Before Training:</b> I could identify strategies for healthy menu planning and exercise promotion.	O	O	O	O
<b>After Training:</b> I can identify strategies for healthy menu planning and exercise promotion.	O	O	O	O
<b>Before Training:</b> I was already aware of the relationship between physical and mental health for individuals with Diabetes.	O	O	O	O
<b>After Training:</b> I am now aware of the relationship between physical and mental health for individuals with Diabetes.	O	O	O	O
<b>Before Training:</b> I understood self-care strategies for individuals with Diabetes who are striving towards greater physical and mental health.	O	O	O	O
<b>After Training:</b> I understand self-care strategies for individuals who are striving towards greater physical and mental health.	O	O	O	O
<b>Before Training:</b> I understood self-management strategies for individuals with Diabetes who are striving towards greater physical and mental health.	O	O	O	O
<b>After Training:</b> I understand self-management strategies for individuals who are striving towards greater physical and mental health.	O	O	O	O

<i>Rate your level of Agreement / Disagreement:</i> <b>1 = Strongly Disagree, 2 = Disagree, 3 = Agree, and 4 = Strongly Agree</b>				
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>MODULE 10: Diversity and Cultural Competence</b>				
<b>Before Training:</b> I could define cultural competence.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can define cultural competence.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Before Training:</b> I could give an example of how cultural competence is addressed in the workplace.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can give an example of how cultural competence is addressed in the workplace.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Before Training:</b> I could name at least two groups protected by Title VII of the Civil Rights Act of 1964.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can name at least two groups protected by Title VII of the Civil Rights Act of 1964.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Before Training:</b> I could name at least two groups protected by the Americans with Disabilities Act.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can name at least two groups protected by the Americans with Disabilities Act.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>MODULE 11: Maine's Mental Health System</b>				
<b>Before Training:</b> I could name two goals of the DHHS mission statement.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I can name two goals of the DHHS mission statement.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Before Training:</b> I knew what the AMHI Consent Decree is.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>After Training:</b> I know what the AMHI Consent Decree is.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

<b>Rate your level of Agreement / Disagreement:</b>				
<b>1 = Strongly Disagree, 2 = Disagree, 3 = Agree, and 4 = Strongly Agree</b>				
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Before Training:</b> I could name three of the core services of Maine's community-based mental health system.	O	O	O	O
<b>After Training:</b> I can name three of the core services of Maine's community-based mental health system.	O	O	O	O
<b>Before Training:</b> I could give at least one example of how an Advance Health Care Directive is useful in the lives of the people I support.	O	O	O	O
<b>After Training:</b> I can give at least one example of how an Advance Health Care Directive is useful in the lives of the people I support.	O	O	O	O
<b>MODULE 12: Being Part of a Community</b>				
<b>Before Training:</b> I could identify the five cycles of reform in mental health care.	O	O	O	O
<b>After Training:</b> I can identify the five cycles of reform in mental health care.	O	O	O	O
<b>Before Training:</b> I could give three examples of natural supports.	O	O	O	O
<b>After Training:</b> I can give three examples of natural supports.	O	O	O	O
<b>Before Training:</b> I could list four criteria that need to be met for people to feel included in their communities.	O	O	O	O
<b>After Training:</b> I can list four criteria that need to be met for people to feel included in their communities.	O	O	O	O

III. OVERALL SATISFACTION WITH SESSIONS

**Instructions:** The following questions ask you to evaluate the training just for these modules. The ratings are: 1 = Strongly Disagree (Very Dissatisfied), 2 = Disagree (Dissatisfied), 3 = Neutral, 4 = Agree (Satisfied), and 5 = Strongly Agree (Very Satisfied). (Select one)

<i>Rate your level of Disagreement/Agreement or Satisfaction on the following</i>					
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>TRAINER</b>					
1. The discussion in class added to learning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. The teaching/instruction methods helped me to learn.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. The instructor was organized.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. The instructor was knowledgeable about the topics presented.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. The instructor clearly explained the objectives of the modules/course.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. My individual questions/problems were discussed to my satisfaction.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>COURSE</b>					
1. The information that was presented is applicable to my work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. The skills that I have learned will help me improve my performance on the job.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. The course was well paced.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Overall, my satisfaction with this training session is...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

