



NC DSS FAMILY SUPPORT AND CHILD WELFARE SERVICES

STATEWIDE TRAINING PARTNERSHIP

*Delivering competency-based, job-relevant, accessible training
for North Carolina's child welfare social workers*

COACHING IN THE KITCHEN: GUIDING PARENTS THROUGH TEACHABLE MOMENTS (300 Series)

Coaching in the Kitchen: Guiding Parents through Teachable Moments is a three-day **advanced** training that builds on *Pre-service training* as well as *Child Development in Families at Risk*. This training will focus on helping social workers develop coaching skills in order to assist parents in the field with behaviors that are challenging throughout their child's development. Participants will explore a partnership-based model for coaching parents that uses guided self-discovery, family-centered language, and supportive coaching techniques. For each stage of child development, from pre-natal through adolescence, participants will (a) examine the roles of both parent and child, (b) identify typical behavioral challenges and tools for addressing those behaviors, (c) develop coaching strategies, (d) identify possible community supports, and (e) explore additional parenting resources for each stage. Actual case studies will be used to practice effective supportive coaching.

Prerequisites: *Child Welfare in North Carolina (Pre-Service Training)* and *Child Development in Families at Risk*.

Open to: This course is open to child welfare social workers and supervisors employed in a NC County Department of Social Services in the areas of CPS Intake, CPS Assessments, CPS Occasional On-Call, CPS In-Home Services, Child Placement including Independent Living (LINKS), Foster Home Licensing, or Adoptions or individuals or agencies contracting with a County DSS to provide any of the above services. This course is also open to staff from community based programs that focus on child abuse and neglect prevention, such as family support and family preservation services.

Recommended for: This course is recommended for any child welfare worker who interacts with parents in supporting their ability to parent their children safely and effectively. It is especially recommended for new workers entering the field, workers without children, and workers with limited experience working directly with parents on parenting skill development.

Contact hours: 18 contact hours. This training can be credited toward the 24 hour continuing education requirement.

Minimum Number of Participants: 10

More information: For more information regarding dates and sites for this or any other course, please visit our website for our complete calendar: <http://www.ncswLearn.org>.

Questions?: If you have questions about the appropriateness of this course in relation to your job responsibilities, please contact:

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