Trauma Informed Removal Process

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Trauma Informed Removal Process

Trauma Informed Decision Making for Removal
Trauma Informed Decision Making Process

- Family Preservation Philosophy
- Physical Safety of Child
- Consideration of the Traumatic Impact to the Child
- Plan to Minimize Trauma to Child
- Removal
Anticipating child’s needs because they are predictable in a removal.
Trauma Informed Removal Process

- Trauma Informed Decision Making for Removal
- Trauma Informed Removal of Children
How do we explain to children the removal in a trauma informed way?
Prerequisites to TI Removal

- Don’t be fooled by how the child is presenting
- Don’t wait for the child to ask
  - OUR OWN: Recognition of the difference between pain and trauma
  - OUR OWN: Willingness to recognize my own helplessness in alleviating the pain, but can minimize trauma
  - OUR OWN: Willingness to be with the child’s pain
  - OUR OWN: Recognition and taking ownership that my decision created the child’s pain and trauma
Trauma Informed Steps with Child at Removal

- Identify what is happening and going to happen for the child
- Identify common feelings that children usually have
- Identify common thoughts that children usually have
- Explain your role in providing what you believe will be safe for a child
• Elicit questions from the child
• Ask what the child needs from their home that gives them comfort
• Ask the child what the he/she needs to feel safe
How do you respond to the child’s questions in a trauma informed way?

- Why can’t I stay with my parents?
- You can’t do this. I love my parents. How come you want to hurt me?
- What will happen if I do not go with you?
- How long will I be in foster care?
- When can I see my parents again?
- How come you are separating me from my siblings?
Trauma Informed Removal Process

- Trauma Informed Decision Making for Removal
- Trauma Informed Removal of Children
- Trauma Informed Placement into Foster Care
Key Processes in Transition

- Create Safety for child
- Psychoeducation to normalize
- Empower through predictability
- Relational continuity
- Invite and affirm expression of feelings
Transition to foster care

- What do we say to foster parents/kinship to create appropriate transition for the child?
- Be prepared to stay for awhile
- Ask the child in the presence of the foster parent what will help them feel safe.
- Ask about routines, especially for the rest of the evening and the next day to provide predictability.
• Be willing to look around the house and the bedroom of the child to help in the transition
• Ask what the bedtime routine is
• Ask about special rules the family has
Trauma Informed Removal Process

- Trauma Informed Decision Making for Removal
- Trauma Informed Removal of Children
- Trauma Informed Placement into Foster Care
- Trauma Informed Transition of Child to Foster Care Worker
Worker Transition Challenges

- Why I don’t make contact?
  - Too busy
  - The quicker I pass the case on the faster I can attend to other things
  - Don’t want to disturb the child’s transition by making it worse by triggering them by my presence

- IN REALITY:
  - IS IT JUST TOO PAINFUL???????????
Reasons to see child

• Your presence brings an opportunity to process what has occurred.
• Your presence offers the child an opportunity to gain information and ask questions.
• During the removal crisis you provided safety and support that created increased relatedness and comfort.
• You are not abandoning the child like others have done in the past
• Confidence in the system professionals is built on having contact with the workers

• IN REALITY:
• YOU ARE THE LINK TO THEIR PARENTS!!!!!!!