



The Incredible Years Project

University of Washington Parenting Clinic (206) 543-6010

Time CID

Mom Dad/Other

Office Use Only

Parent Practices Interview

This section asks questions about different ways of disciplining children and teaching them right from wrong.

1. The following is a list of things that parents have told us they do when their children misbehave. In general, how often do you do each of the following things when your child misbehaves (that is, does something s/he is not supposed to do)?

Never
Seldom
Sometimes
About half the time
Often
Very often
Always

| | | | | | | | | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Notice it but not do anything about it. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Raise your voice (scold or yell). | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Get your child to correct the problem or make up for his/her mistake. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Threaten to punish him/her (but not really punish him/her). | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Give him/her a time out. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Ground your child. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. Take away privileges (like TV, playing with friends). | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. Give your child a spanking. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. Slap or hit your child (but not spanking). | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. Give your child extra work chores. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| k. Discuss the problem with child or ask questions. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

2. If your child *hit* another child, how likely is it that you would discipline your child in the following ways?

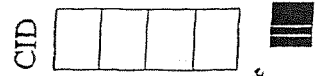
No at all
Slightly likely
Somewhat likely
Moderately likely
Quite likely
Very likely
Extremely likely

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|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Notice it but not do anything about it. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Raise your voice (scold or yell). | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Get your child to correct the problem or make up for his/her mistake. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Threaten to punish him/her (but not really punish him/her). | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Give him/her a time out. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Ground your child. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. Take away privileges (like TV, playing with friends). | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| j. Give your child extra work chores. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| k. Discuss the problem with child or ask questions. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

3. If your child *refused to do what you wanted him/her to do*, how likely is it that you would use each of the following discipline techniques?

| | | | | | | | | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| a. Notice it but not do anything about it. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| c. Get your child to correct the problem or make up for his/her mistake. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| e. Give him/her a time out. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Ground your child. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| k. Discuss the problem with child or ask questions. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |





Strongly agree
Agree
Neither agree nor disagree
Disagree
Strongly disagree

4. How much do you agree or disagree with the following statements?

- a. Sometimes it takes getting really angry with children in order to teach them a lesson. (1 2 3 4 5)
- b. Children learn best when they don't know what punishment to expect for misbehaving. (1 2 3 4 5)
- c. The best way to avoid a big problem is to discipline a child when the problem is still small. (1 2 3 4 5)
- d. It's okay to let children get away with small misbehaviors - it's better to focus on serious misbehaviors. (1 2 3 4 5)
- e. Being consistent in discipline is more important than giving big punishments for misbehavior. (1 2 3 4 5)

5. In general, how often do the following things happen?

Never
Seldom
Sometimes
About half the time
Often
Very often
All the time

- a. If you ask your child to do something and s/he doesn't do it, how often do you give up trying to get him/her to do it? (1 2 3 4 5 6 7)
- b. If you warn your child that you will discipline him/her if s/he doesn't stop, how often do you actually discipline him/her if s/he keeps on misbehaving? (1 2 3 4 5 6 7)
- c. How often does your child get away with things that you feel s/he should have been disciplined for? (1 2 3 4 5 6 7)
- d. If you have decided to punish your child, how often do you change your mind based on your child's explanations, excuses or arguments? (1 2 3 4 5 6 7)
- e. How often do you show anger when you discipline your child? (1 2 3 4 5 6 7)
- f. How often do arguments with your child build up and you do or say things you don't mean to? (1 2 3 4 5 6 7)
- g. How often is your child successful in getting around the rules that you have set? (1 2 3 4 5 6 7)
- h. How often does the kind of punishment you give your child depend on your mood? (1 2 3 4 5 6 7)

6. This is a list of things that parents might do when their child behaves well or does a good job at something. In general, how often do you do each of the following things when your child behaves well or does a good job?

- a. Notice it but not do anything about it. (1 2 3 4 5 6 7)
- b. Praise or compliment your child. (1 2 3 4 5 6 7)
- c. Give your child a hug, kiss, pat, handshake or "high five." (1 2 3 4 5 6 7)
- d. Buy something for him/her (such as special food, a small toy) or give him/her money for good behavior. (1 2 3 4 5 6 7)
- e. Give him/her an extra privilege (such as cake, go to the movies, special activity for good behavior). (1 2 3 4 5 6 7)
- f. Give points or stars on a chart. (1 2 3 4 5 6 7)
- g. Not even notice. (1 2 3 4 5 6 7)

7. In an AVERAGE week, how often do you praise or reward your child for doing a good job at home or school?

- Less than once per week
- About once per week
- A few times per week, but not daily
- About once a day
- 2-5 times per day
- 6-10 times per day
- More than 10 times per day

8. Within the LAST 2 DAYS, how many times did you:

- a. Praise or compliment your child for anything s/he did well?
 - Never
 - Once
 - Twice
 - 3 times
 - 4 or 5 times
 - 6 or 7 times
 - More than 7 times
 - Not with my child in the last 2 days
- b. Give him/her something extra, like a small gift, privileges, or a special activity with you, for something s/he did well?
 - Never
 - Once
 - Twice
 - 3 times
 - 4 or 5 times
 - 6 or 7 times
 - More than 7 times
 - Not with my child in the last 2 days

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9. Please rate how much you agree or disagree with the following statements.

Strongly disagree
Disagree
Slightly disagree
Neither agree nor disagree
Slightly agree
Agree
Strongly agree

- a. Giving children a reward for good behavior is bribery. () () () () () () ()
- b. I shouldn't have to reward my children to get them to do things they are supposed to do. () () () () () () ()
- c. I believe in using rewards to teach my child how to behave. () () () () () () ()
- d. It is important to praise children when they do well. () () () () () () ()
- e. I would like to praise my child more often than criticize him/her, but it is hard to find behaviors to praise. () () () () () () ()
- f. If I give my child praise or rewards to encourage good behavior, s/he will demand rewards for everything. () () () () () () ()
- g. If a child is having trouble doing something s/he is supposed to do (such as going to bed, picking up toys), it is a good idea to set up a reward or an extra privilege for doing it. () () () () () () ()

10. Please rate how much you agree with the following statements:

- a. I have made clear rules or expectations for my child about chores. () () () () () () ()
- b. I have made clear rules or expectations for my child about not fighting, stealing, lying, etc. () () () () () () ()
- c. I have made clear rules or expectations for my child about going to bed and getting up on time. () () () () () () ()

11. Please rate how likely you are to do the following things.

Not at all likely
Slightly likely
Somewhat likely
Moderately likely
Quite likely
Very likely
Extremely likely

- a. When your child completes his/her chores, how likely are you to praise or reward your child? () () () () () () ()
- b. When your child does NOT complete his/her chores, how likely are you to punish your child (such as taking away a privilege or grounding him/her)? () () () () () () ()
- c. When your child fights, steals, or lies, how likely are you to punish your child? () () () () () () ()
- d. When your child goes to bed or gets up on time, how likely are you to praise or reward your child? () () () () () () ()
- e. When your child does NOT go to bed or get up on time, how likely are you to punish your child? () () () () () () ()

12. About how many hours in the last 24 hours did your child spend at home without adult supervision, if any?

- None 1/2 - 1 hour 1 1/2 - 2 hours 3 - 4 hours
- Less than 1/2 hour 1 - 1 1/2 hours 2 - 3 hours More than 4 hours

13. Within the LAST 2 DAYS, about how many total hours was your child involved in activities outside your home without adult supervision, if any?

- None 1/2 - 1 hour 1 1/2 - 2 hours 3 - 4 hours
- Less than 1/2 hour 1 - 1 1/2 hours 2 - 3 hours More than 4 hours

14. Please answer the following:

- a. What percentage of the time do you know where your child is when s/he is away from your direct supervision? () () () () () () ()
- b. What percentage of the time do you know exactly what your child is doing when s/he is away from you? () () () () () () ()
- c. What percentage of your child's friends do you know well? () () () () () () ()

None or almost none
About 25%
About 50%
About 75%
All or almost all

15. How much do you agree or disagree with the following statements?

- a. It is very important for me to know where my child is when s/he is away from me. () () () () () () ()
- b. Parents who check up on how their child behaves at friends' houses are too anxious about their child. () () () () () () ()
- c. Giving children lots of free, unsupervised time helps them learn to be more responsible. () () () () () () ()
- d. Children who are not supervised by an adult are more likely to develop behavior problems. () () () () () () ()

Strongly disagree
Disagree
Slightly disagree
Neither agree nor disagree
Slightly agree
Agree
Strongly agree