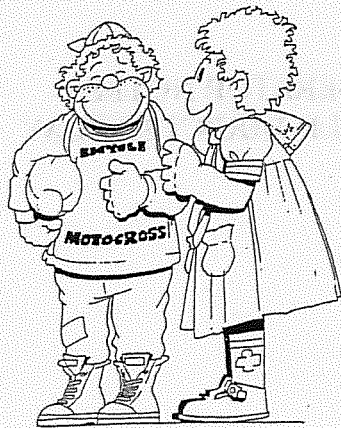




Happy

## REFRIGERATOR NOTES ABOUT CHILD-DIRECTED PLAY

- Follow your child's lead and interests
- Pace at your child's level.
- Don't expect too much—give your child time.
- Don't compete with your child.
- Praise and encourage your child's ideas and creativity; don't criticize.
- Engage in role play and make-believe with your child.
- Be an attentive and "appreciative audience."
- Use descriptive comments instead of asking questions.
- Curb your desire to give too much help; encourage your child's problem-solving.
- Reward quiet play with your attention.
- Laugh and have fun.



## REFRIGERATOR NOTES ABOUT PRAISING YOUR CHILD

- Catch your child being good—don't save praise for perfect behavior.
- Don't worry about spoiling your children with praise.
- Increase praise for difficult children.
- Model self-praise.
- Give labeled and specific praise.
- Make praise contingent on behavior.
- Praise with smiles, eye contact, and enthusiasm.
- Give positive praise.
- Praise immediately.
- Give pats and hugs and kisses along with praise.
- Use praise consistently.
- Praise in front of other people.