Overweight and Obesity statistics for Maine:

- 33% of Kindergarten students (Child Health Survey 2004)
- 24% of Middle School students (Maine YRBSS 2007)
- 30% of High School students (Maine YRBSS 2007)
- 63% of Maine adults (Maine CDC/DHHS)

The prevalence of youth overweight has tripled in the last decade

500 million dollars of Maine’s annual health care costs were attributed to obesity (Maine CDC/DHHS 2007 presentation by Dr. Dora Ann Mills).

Overweight Children are more likely to become overweight adults

![% Overweight Children who Become Obese Adults](image)