Toddlers 18 to 36 months

How am I Doing?

The drawing I did that you like the most is:_______________________________
_____________________________________________________________________________________

My favorite story is:____________________________________________________________
_______________________________________________________________________________________

Some of my new words are: ______________________________________________________
____________________________________________________________________________________

When I am really upset, I:______________________________________________________
________________________________________________________________________________________

Watch ME Grow
and Learn
to Communicate!

As I Learn to Communicate, I:

Cry
Listen
Smile
Make Sounds
Respond to your voice

A guide for
the Family of:
### Toddlers 18-36 months

#### Ability to Communicate

<table>
<thead>
<tr>
<th>I am Learning:</th>
<th>You Might See Me:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Receptive Language</strong></td>
<td>✤ Know names of familiar people and objects</td>
</tr>
<tr>
<td></td>
<td>✤ Follow your 2 step request</td>
</tr>
<tr>
<td><strong>Expressive Language</strong></td>
<td>✤ Ask for help or food when I need it</td>
</tr>
<tr>
<td></td>
<td>✤ Begin to say simple sentences, &quot;Daddy, bye-bye.&quot;</td>
</tr>
<tr>
<td><strong>Emotional Expression</strong></td>
<td>✤ Show more complicated emotions, like embarrassment</td>
</tr>
<tr>
<td></td>
<td>✤ Draw pictures of people or things that I care about</td>
</tr>
<tr>
<td><strong>Emotional Understanding</strong></td>
<td>✤ Begin to use words to tell you how I feel, &quot;I sad&quot;</td>
</tr>
<tr>
<td></td>
<td>✤ Hug my friends if they are hurt or crying</td>
</tr>
</tbody>
</table>

### You Can Help Me By:

- Giving me time to follow 2 step directions
- Describing objects throughout our daily routines, "Can you find 2 red socks?"
- Encouraging me to use words to express my feelings

### What’s Next for Me?

- Knowing the letters in my name
- Putting 5 or more words together in a sentence
- "Reading" a familiar story to you
A big problem I was able to solve is:____________________________________________
_____________________________________________________________________________________

An experiment I tried outdoors was:___________________________________________
_______________________________________________________________________________________

My favorite person to pretend to be is:_________________________________________
____________________________________________________________________________________

The toy that I am most interested in now is:___________________________________
________________________________________________________________________________________

As My Curious Mind Develops, I:
Explore
Discover
Remember
Understand
Solve Problems
and Pretend

A guide for
the Family of:
# Toddlers 18-36 months

## Developing My Curious Mind

<table>
<thead>
<tr>
<th>I am Learning:</th>
<th>You Might See Me:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exploration &amp; Discovery</td>
<td>✦ Happily exploring outside, finding things that are new to me</td>
</tr>
<tr>
<td></td>
<td>✦ Trying new things and taking a little risk</td>
</tr>
<tr>
<td>Concept Development &amp; Memory</td>
<td>✦ Pretend to do things that I have seen you do</td>
</tr>
<tr>
<td></td>
<td>✦ Filling and dumping containers to understand how things fit</td>
</tr>
<tr>
<td>Problem Solving, Symbolic Thought &amp; Creative Expression</td>
<td>✦ Stand on a block or chair to reach higher</td>
</tr>
<tr>
<td></td>
<td>✦ Pretend to use a small block as a phone</td>
</tr>
</tbody>
</table>

## You Can Help Me By:

- Letting me explore outdoors in all seasons
- Having my toys in containers that I can fill and dump myself
- Letting me practice old things, but experience new things, too
- Encouraging me to use words to express my feelings

## What's Next for Me?

- Beginning to use trial and error to solve problems
- Wanting to stay with an activity until I finish it
- Practicing for the real world as I pretend and dress-up as others
Toddlers 18 to 36 months

How am I Doing?

My favorite playmate and I like to:

I enjoy helping you:

I express my opinion by:

The dress-up clothes I like best are:

Watch ME Grow
into a Social Being!

As a Social Being I:
- Learn who I am
- Learn who you are
- Learn how to comfort myself
- Learn about feelings
- Learn about friendships

A guide for
the Family of:
# Toddlers 18-36 months

## Development of Social Beings

### I am Learning:
- **Self-Awareness**
  - Point to myself in a photo
  - Use words to describe myself like, "I big"

### You Might See Me:
- **Self-Concept**
  - Want to do things myself, "Me do it"
  - Make choices about what I want to do

### You Can Help Me By:
- Offer choices when possible
- Giving me chances to play with other toddlers
- Staying close by to help me solve problems
- Letting me try on dress up clothes for boys and girls

### What's Next for Me?
- Playing with more children at one time
- Sitting in a circle to hear a story
- Being able to take turns and share

### Self-Regulation
- Help with clean up when you ask me
- Use my words instead of hitting

### Peer Interaction
- Wait a short time for my turn
- Use my friends names and show concern for them

### Adult Interaction
- Ask you to help me or look at something I've done
- Imitate what I have seen grown-ups do
Toddlers 18 to 36 months

How am I Doing?

The biggest thing outdoors I have climbed on is:

_______________________________________________________________________________________

When I get dressed, I:

__________________________________________________________________________________________

My favorite art activity is:

_____________________________________________________________________________________

It seems like the hand I use the most is my:

________________________________________________________________________________________

Watch ME Grow

A Strong & Healthy Body!

With a Strong & Healthy Body, I:

Use all my senses
Move around
Use my hands
Do things for myself
Explore the world safely

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For more copies call (207) 624-7909.
**Toddlers 18-36 months**

**Strong & Healthy Bodies**

<table>
<thead>
<tr>
<th>I am Learning:</th>
<th>You Might See Me:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gross Motor Skills</td>
<td>Use pedals to ride my tricycle</td>
</tr>
<tr>
<td></td>
<td>Dance when you put on music</td>
</tr>
<tr>
<td>Fine Motor Skills</td>
<td>Pour water from a small pitcher into a cup</td>
</tr>
<tr>
<td></td>
<td>Hold and use a crayon, brush or spoon</td>
</tr>
<tr>
<td>Perceptual Development</td>
<td>Notice details, like your earrings or a shiny rock</td>
</tr>
<tr>
<td></td>
<td>Look up in the sky when I hear a bird or plane</td>
</tr>
<tr>
<td>Self-help/Adaptive Skills</td>
<td>Put my own shoes and coat on</td>
</tr>
<tr>
<td></td>
<td>Wash my hands after using the potty</td>
</tr>
</tbody>
</table>

**You Can Help Me By:**

- Giving me a lot of space to move around in
- Offering me different tools for drawing, painting and eating
- Bringing me to the park or playground to climb and run
- Leaving enough time for me to do things myself

**What's Next for Me?**

- Pumping myself on a swing
- Using pens and pencils along with markers
- Knowing which foods are healthy for me